

“We Can Overcome Temptation”

1 Corinthians 10:6-13

OUTLINE

1. The Reality of Temptation
2. The Remedy for Temptation
  - A. RECOGNIZE the lies of temptation
    - a. You are too strong to allow yourself to give in to temptation
    - b. no one else faces this kind of temptation
    - c. I don't have a choice
  - B. RESIST temptation
  - C. REQUEST God's Help
  - D. RECOGNIZE and be prepared
  - E. RECITE scripture
  - F. REFOCUS your attention
  - G. REVEAL your struggle to a Godly friend
  - H. REMIND yourself of the consequences of sin
  - I. REALIZE the presence of God
  - J. Run if all else fails

